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from
Hanover Community Resources
February/March 2017

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Volunteer Needs/In Kind Donations

Please note the following reminder about Volunteer Needs/In-Kind Donation postings. The listings are designed to highlight just a few new or short-term volunteer or in-kind donation needs. Please give us feedback on the results you receive. **Also, we encourage organizations to post all short-term and on-going opportunities, as well as special projects on HandsOn Greater Richmond at www.handsonrva.org**

Donations Available:

- No postings this issue

Donations Sought:

- Circles® Ashland seeks donation of food items for weekly program dinners and volunteers for dinner prep. Visit the website at <http://circlesashland-va.org/> or call 804-496-1212.
- The Resource Connections seeks donations of durable medical equipment for their equipment closet to share with persons with disabilities. See [related posting](#) below.

Volunteer Opportunities Sought:

- No posting this issue

Volunteers Needed:

Visit www.HanoverVolunteers.org to view an array of volunteer opportunities within county departments and throughout the Greater Richmond area. Here are just a few local opportunities...

- **Parks and Recreation Leader-in-Training (LIT)**
Volunteer applications are now available for rising 9th – 11th graders who wish to serve in the summer youth programs as leaders, counselors or mentors. For information and to apply click [here](#).
- **Hanover County- County Phone Greeter Volunteer**
Hanover County seeks volunteers to assist in answering main county phone line and directing citizens to the proper department. Week days and shifts are flexible. For more information contact Lisa Adkins at 804-365-4302 or email ldadkins@hanovercounty.gov
- **Circles® Ashland- Allies, Childcare and Dinner Volunteers**
Circles is a program designed to address root causes of economic instability among individuals in the Ashland area. The first group of families are now participating. Current volunteer needs include volunteers to act as allies for families in the program, assisting with childcare and assisting with serving dinner and cleanup of dinner on Thursdays at 5:30 p.m., dates are flexible.
For more details Susan Shearouse at Coach@circlesashland-va.org or [703-867-4549](tel:703-867-4549).
- **Hanover Senior Rides Program- Volunteer Drivers**
This service provides limited transportation to residents over the age of 60 who do not have the resources to obtain their own transportation to doctors or other daily activities such as grocery shopping. Volunteer drivers are well screened and trained. They may select the day or days of the week that they drive. Volunteers use their own vehicles but insurance coverage is offered. To volunteer to transport residents of Mechanicsville Area contact 804-334-6590; to volunteer to transport Central or Western Hanover residents call 804-543-6115.

Express Your Gratitude Through Hanover's Spirit of Volunteerism Awards

Hanover's 2017 *Spirit of Volunteerism* Awards nomination deadline is Friday, March 17th. Anyone may nominate inspiring individuals or groups of any age in one of seven categories: *Spirit of One* (honoring an individual over 18) , *Spirit of Youth* (honoring youth or youth group up to age 18 or still in high school), *Spirit of Dedication* (honoring an individual 60 and over) , *Spirit of Team* (honoring two or more adult volunteers working toward a common cause) , *Spirit of Family* (honoring two or more family members working together toward a common purpose), *Spirit of Inspiration* (honoring an individual who has volunteered 20 years or more for a specific organization), and *Commitment to Community* (recognizing a Hanover business which has demonstrated a sustained commitment to supporting the community).

All nominees will be recognized and award recipients will be announced at the *Spirit of Volunteerism* Celebration on Tuesday, May 16 at 7 p.m. at Hanover High School auditorium. This event is free and open to the public. The goal of the celebration is to pay tribute to ALL volunteers within our community, as well as honor award nominees and announce the 2017 award recipients.

Award recipients will receive an engraved plaque and a financial donation of up to \$250 will be made in their honor to the nonprofit/government program, school or organization designated on the honoree's nomination form. The County will also nominate the award recipient for the statewide Governor's Community Service and Volunteerism Awards.

Nomination guidelines, on-line submission information and other details are available at www.hanovervolunteers.org or by contacting the Hanover Department of Community Resources at (804) 365-4300.

We thank our 2017 *Spirit of Volunteerism* Awards sponsors: Ashland Wal-Mart Superstore, Battlefield Press, Inc., Covenant Woods, Grace Community Presbyterian Church, Virginia Credit Union, Rappahannock Electric Cooperative and Hanover Association of Businesses and Chamber of Commerce.

Hanover Global Youth Service Day 10th Anniversary---Service Projects Sought

Agencies and departments can tap into the power of youth by providing young people with opportunities to volunteer on Global Youth Service Day and throughout the year. Local organizations are key to providing youth with opportunities to share their talents, energy and creativity to address community needs.

Hanover County Community Resources and Randolph-Macon College are teaming up this April to mobilize thousands of youth to shower our community with volunteer activities on Global Youth Service Day (GYSD) and Macon a Difference Day (MADD). The goal of GYSD and MADD is to engage youth, ages 5-25, in helping non-profits and community groups to forward their missions and make Hanover an even better place to live. We welcome projects that occur over GYSD weekend (April 21-23, 2017) and on MADD (April 29, 2017 from 9am-12pm). This year, we will be celebrating the 10th Anniversary of Hanover GYSD!!

We would like you to participate in these days of service by registering a service project that can be completed by youth. We will help you with design concepts as well as to promote and recruit volunteers for your project.

You are also invited to join us in celebration at our 10th Annual GYSD service fair on March 18, 2017 from 12:30pm-3:30pm at the Patrick Henry YMCA. This provides an opportunity for project hosts to share information about their project, meet prospective volunteers, and educate the community about their work. Submit your project information at

https://www.surveymonkey.com/r/2017_GlobalYouthServiceDay by Friday, March 3, 2017.

Need assistance? Contact David Duck, Youth Services Specialist at djduck@hanovercounty.gov or call 804-365-4180.

Hanover Social Services Begins Income Tax Preparation Assistance

Hanover Department of Social Services is part of the metroCASH program at United Way of Greater Richmond & Petersburg. metroCASH is an IRS-sponsored, locally implemented Volunteer Income Tax Assistance (VITA) program that helps families and individuals prepare their income tax returns free of charge.

The service will be offered at the Hanover Human Services Office (12300 Washington Highway) in Ashland, on Tuesday evenings from 5pm-7pm between February 7, 2017 and April 11. The service is for households with total incomes during the last year of \$54,000 or less.

For details, Hanover Social Services has a "hotline" recording with specifics on what to bring and what to expect, 804-365-6646.

A self-prep option is also available at <http://www.unitedway.org/myfreetaxes/> which allows you to file your own federal and state income tax return for free.

Hanover's 2nd Annual Finding Value in Your Prime Event

Hanover's Second Annual *Finding Value in Your Prime* will be held on Thursday, April 27, 2017 from 9:00 am to 2:00 pm at Shady Grove United Methodist Church in Mechanicsville.

Register now to attend Hanover County's largest resource collaboration for seniors brought to you by Hanover Council on Aging, Hanover County Sheriff's Office, AARP, Ashland Police Department, Hanover Triad and Hanover County Parks and Recreation. Participants will enjoy: breakfast; lunch;

presentations on active lifestyles, health and travel; fitness and art demonstrations and activities; resources and door prizes.

Although free to attend, pre-registration is required. Deadline to register is April 17th.

To register, visit: https://apm.activecommunities.com/hanoverparksrec/Activity_Search/1123. Vendor registrations are also being accepted at:

https://apm.activecommunities.com/hanoverparksrec/Activity_Search/1124

For more information contact 804-365-4300.

Crisis Assistance Program For Emergency Heating Assistance

Crisis Assistance is intended to meet a household's emergency heating need, when no other resource is available. Local departments of social services accept applications from November 1 through March 15 for the following: one time only heat security deposit; portable space heater for temporary use, payment for emergency shelter, and/or heating equipment repair/purchase. Assistance is based on the availability of funds and other eligibility thresholds.

For more information or to apply visit <https://www.commonhelp.virginia.gov/access>. Hanover residents may also contact Hanover Social Services at 804-365-4100 for an application.

Real Estate Tax Relief for Elderly and Disabled

The application period for Hanover's tax relief program for homeowners who are 65 and older or for those permanently disabled runs from January through March 1, 2017. Homeowners must have a net worth of \$200,000 or less and meet specific income guidelines. Relief is granted on a sliding scale depending on household income. For more or to obtain an application, call the Hanover Commissioner of Revenue at 804-365-6128 or visit <http://www.hanovercounty.gov/Taxes/Real-Estate-Tax-Relief/>

Senior Connections Mural Project to Depict Wisdom of Aging --"Recipes for Life"

Senior Connections, the Capital Area Agency on Aging is now gathering insights from older adults of various ages. These insights will help to inspire the creation of a participatory mural project that will culminate in a mural installation at the Cary Street office of Senior Connections. Senior Connections is the area agency on aging serving the City of Richmond and the 7 surrounding Counties.

To share your "Recipes of Life", seniors can complete the survey at

<https://docs.google.com/forms/d/e/1FAIpQLSfAWDqGcAdsGC4O3iCCPOImTyBAqT6hOS8s6DISpyjkCjOQA/viewform?c=0&w=1> or request a copy of the survey by calling 804-343-3000.

Free In-Home Parenting Education

Do you know a parent or parents that could use additional parenting education and support? In-home parent education and support is available to pregnant woman or mothers with children up to 5 years old who live in Hanover County. This service is provided in the family's own home at no cost to parents and is designed to offer education related to promoting a healthy pregnancy, positive parenting skills, child development activities and knowledge of child developmental stages.

The program also assists families to connect with various community resources in order to address the needs of parents and children during the stages of early childhood. The program is a partnership of Hanover County and Family Lifeline.

For more information or to make a referral contact Family Lifeline at 804-249-5414.

The Resource Connection Offers Durable Medical Equipment

The Resource Connection is a local non-profit organization that provides information and support to persons with disabilities and their families. The organization also provides donated durable medical equipment such as wheelchairs, walkers, shower chairs and at times...electric scooters. They have also assisted with purchase of hearing aids, computers, and other adaptive equipment. In order to obtain equipment call Joanna Frank 804-746- 4303 x 360. No specific requirements, other than need. There is no charge but contributions are highly appreciated and will provide more resources for others.

At Home Ashland Hosts Seminar

At Home Ashland will host a seminar on acupuncture, presented by guest speaker, Dr. Cara Jennings, MD followed by an informational meeting on At Home Ashland's "village concept" to assist peers to age positively in place.

The seminar will be held on March 8 from 2 -4pm at Ashland library. For more information or to RSVP, contact Jerry Shalf 804-399-1844, jerryshalf@gmail.com.

Central Virginia's Disaster Survivor Day- March 11th

Localities across central Virginia will be conducting disaster preparedness training on Saturday, March 11th, from 9am to Noon. The class will cover weather awareness, household safety, first aid basics, planning and documents, and active shooter awareness. Each household will receive one free survivor kit upon completion of the training. Hanover County's program will be held at the Hanover County Board room. Register at www.survivorday.com or by dialing 2-1-1.

Hanover Food Network Meeting

Local pantries, faith groups and service providers have formed a network to bring together individuals and services interested in addressing food insecurity and strengthening resources throughout the county in order to promote healthy eating and access to needed food, nutrition education and fresh produce. All interested parties are welcome to join in this effort. Visit the Network's Facebook page at <https://www.facebook.com/HanoverFood/> made possible in partnership with Virginia Cooperative Extension.

Join us on Thursday, March 16 at 1:00 pm at the large meeting room at the Hanover Human Services Center, 12304 Washington Highway, Ashland, VA. Attendees must RSVP in advance. To RSVP or for more information contact Lisa Adkins, Hanover Community Resources at ldadkins@hanovercounty.gov or call 804-365-4302.

Save The Date for Atlee Show Choir's Special Program for Older Adults

Atlee High School's 2nd Annual Matinee for Senior Citizens is scheduled for Thursday, March 30 from 2:30-3:30 pm at the Atlee High School auditorium. For more information or to RSVP contact Nancy Hundley nmhundley@comcast.net.

THRIVE Collaborative for Service Providers Addressing Financial Stability

The next meeting the THRIVE Collaborative will be February 15th from 12:00-1:30 p.m. at the United Way offices, 2001 Maywill Street, Suite 201, Richmond VA 23230. Lunch will be provided.

The THRIVE Collaborative is a Richmond-area partnership, led by United Way of Greater Richmond & Petersburg, that supports efforts to assist low-income families and individuals in building wealth and achieving financial stability through financial literacy, savings, asset development and household-sustaining employment. The THRIVE Collaborative serves as the Lead Local Organization in the Richmond & Petersburg areas for the national Assets & Opportunity Network (hosted by the Corporation for Enterprise Development), giving partners in the Collaborative access to a broad set of tools, ideas and resources for advancing their work. Objectives include:

1. Enhance collaboration, information-sharing and capacity-building among local programs and organizations that assist low-income residents in building wealth and achieving financial stability. The new THRIVE Service Provider Network brings agency staff together on a quarterly basis to network, discuss best practices and explore collaboration opportunities.
2. Generate more resources and support (financial, volunteer and otherwise) for local initiatives that work to increase access to the key building blocks of financial opportunity for low-income residents. The new THRIVE Financial Stability Fund at United Way serves as a vehicle for drawing and leveraging donor investment in the local financial stability arena.
3. Increase public awareness of financial stability issues and advocate for greater access to financial stability opportunities. THRIVE utilizes various communications channels to

educate and engage community stakeholders, the general public and local decision-makers about the value of financial stability.

For more information or to RSVP contact Cara Cardotti, THRIVE Collaborative Manager, cardottic@yourunitedway.org or 804-775-6433.

Hanover Safe Place Offers Weekly Support Group and Individual Counseling

Hanover Safe Place offers weekly morning and evening support groups utilizing psycho-education on the dynamics of domestic violence while processing member's personal /individual experiences. The client centered approach will incorporate expressive arts and creative approaches such as art, music and physical movement to promote and enhance healing. Individual counseling sessions are also available. For more information contact Jessica at counselor@hanoversafeplace.com or call 804-752-7202.

Ask "Aunt Bertha"

"Aunt Bertha" is an online resource directory that connects people with programs that can assist with specific needs. By visiting connectva.auntbertha.com and entering your zip code, you can find service information on basic needs such as food, health, employment and more. The programs listed are those that are free or are provided at a reduced cost or on a sliding fee scale. Programs list their particular eligibility requirements. The service can also be accessed through mobile devices.

The public can help to build and improve the value of this free tool. Users can "report a change" on the site to indicate corrections that should be made to listings and Aunt Bertha staff will research and confirm with the agency. Users and service providers can also "suggest a program" for new offerings that fit the categories and provide free or reduced services to the public. Aunt Bertha technology is used in the Greater Richmond Area through www.connectva.org as is the statewide 2-1-1 directory. For more information contact Hanover Community Resources at 804-365-4300 or email volunteer@hanovercounty.gov.

February Dates

2/7 [Hanover Social Services MetroCASH Tax Prep Begins](#)

2/15 [TRIVE Collaborative Meeting](#)

March Dates

3/11 [Survivor Day Training](#)

3/8 [At Home Ashland Seminar and Meeting](#)

3/16 [Hanover Food Network](#)

3/18 [GYSD Kick-Off Service Fair](#)

3/30 [Atlee High School Show Choir Matinee for Senior Citizens](#)

April Dates

4/27 [Finding Value in Your Prime Active Aging Event](#)

NOTE:

To submit a posting for future issues of the Community Resources *Updates* or to be added to the distribution list, submit your request to Lisa Adkins at ldadkins@hanovercounty.gov or call 804-365-4302.

Hanover Community Resources

P.O. Box 470/ Hanover, VA 23069 / Phone 804-365-4300

www.hanovervolunteers.org

www.facebook.com/HanoverCommunityResources